

# 2024 Polar League Girls

May 15, 2024 - Two Harbors HS Two Harbors, MN

1. Esko	176.5
2. Two Harbors	104
3. Moose Lake/Willow River	79
4. Carlton-Wrenshall	58
5. Cromwell-Wright	56
6. Silver Bay	49
7. Mcgregor	47.5
8. Barnum	46
9. South Ridge/Cherry/North Woods	43
10. Cook County	27

## Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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1 Kaitlyn McConnell Esko	13.14a
2 Jocelyn Mundell Moose Lake/Willow River	13.32a
3 Tanja Thomas Silver Bay	13.69a
4 Rachel Bopp Two Harbors	13.71a
5 Ava Menten Moose Lake/Willow River	13.92a
6 Gabby Loucks Carlton-Wrenshall	13.96a
7 Siiena Anderson Cromwell-Wright	13.99a
8 Reese Kuklinski Esko	14.02a
9 Jorja Juszczak Moose Lake/Willow River	14.04a
10 Liberty Clifford Esko	14.16a
11 Ivy Aldinger Silver Bay	14.21a
12 Aalyiah Jones Cook County	14.23a
13 Addy Hartway South Ridge/Cherry/Nort	14.42a
14 Katelyn Brown Barnum	14.45a
15 Lauren Soukkala Barnum	14.47a
16 Annabelle Silence Cook County	14.48a
17 Izzy Nelson Mcgregor	14.48a
18 Gwen Fagerland Two Harbors	14.52a
19 Harmony Aikey South Ridge/Cherry/Nort	14.55a
20 Makayla Peterson South Ridge/Cherry/Nort	14.88a
21 Mira Kilby Carlton-Wrenshall	15.13a
22 Emelia Dahl Cromwell-Wright	15.29a
23 Sophia Sheehan Cook County	15.42a
24 Felisha Anthony Mcgregor	15.48a
25 Layla Anderson Mcgregor	16.05a
26 Riley Harvey Carlton-Wrenshall	16.38a
27 Natalie Vargo Barnum	16.40a
28 Kadence Shoen Silver Bay	16.72a
29 Ashlyn Casperson Cromwell-Wright	17.58a

## Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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1 Trinity Giddings Two Harbors	26.04a
2 Emma Warner Mcgregor	26.50a
3 Isabella McCall Barnum	27.45a
4 Khloey Schmidt Moose Lake/Willow River	28.20a
5 Ivy Aldinger Silver Bay	28.52a
6 Rachel Bopp Two Harbors	28.65a

7 Tanja Thomas Silver Bay	28.73a
8 Gabby Loucks Carlton-Wrenshall	28.88a
9 Izzy Nelson Mcgregor	29.33a
10 India Johnson Moose Lake/Willow River	29.34a
11 Brianna Monson Cook County	29.51a
12 Payton Heittola Esko	29.75a
13 Gwen Fagerland Two Harbors	30.15a
14 Sophia Naud Esko	30.31a
15 Ruby Gulstrand Cook County	30.37a
16 Cora Head Barnum	30.58a
17 Alivia Menten Moose Lake/Willow River	31.07a
18 Molly Quello Cook County	31.17a
19 Remington Olesiak Cromwell-Wright	31.95a
20 Zaylie Ward Carlton-Wrenshall	32.31a
21 Aolani Hammack South Ridge/Cherry/Nort	32.71a
22 Lauren Burnett South Ridge/Cherry/Nort	32.83a
23 Felisha Anthony Mcgregor	33.36a
24 Mackenzie Hanson Barnum	33.88a
25 Grace Hennager South Ridge/Cherry/Nort	34.41a
26 Lila Manning Carlton-Wrenshall	35.71a
27 Kadence Shoen Silver Bay	36.11a
28 Ashlyn Casperson Cromwell-Wright	37.65a
Abigail Naud Esko	SCR
Siiena Anderson Cromwell-Wright	SCR

## Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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1 Trinity Giddings Two Harbors	59.66a
2 Paige Dean Mcgregor	63.24a
3 Khloey Schmidt Moose Lake/Willow River	63.52a
4 Siiena Anderson Cromwell-Wright	65.75a
5 Madison Ellefson South Ridge/Cherry/Nort	67.71a
6 Cora Head Barnum	68.71a
7 Amber Theiner Cook County	69.09a
8 Sophia Schut Silver Bay	69.31a
9 Corra Brodeen South Ridge/Cherry/Nort	70.17a
10 Addy Hartway South Ridge/Cherry/Nort	70.24a
11 Genevieve Silence Cook County	71.74a
12 Eve Peterson Esko	73.57a
13 Jolene Zimmer Cromwell-Wright	75.03a
14 MJ Wharton Cook County	76.62a
15 Ava Oswald-Swenson Two Harbors	76.68a
16 Alexis Coy Carlton-Wrenshall	77.19a
17 Lillian Genereau Barnum	77.51a
18 Ariel Schmitz Esko	79.40a
19 Lila Manning Carlton-Wrenshall	79.89a
20 Britta Swanson Silver Bay	1:20.31a
Vienna Ward Carlton-Wrenshall	SCR
Serena Zoeller Cromwell-Wright	SCR
Britta Koski Esko	SCR

## Girls Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Brielle Simula Carlton-Wrenshall 2:31.80a
- 2 Valerie Melander Silver Bay 2:33.83a
- 3 Ruth Sandstrom Carlton-Wrenshall 2:36.02a
- 4 Eilee Straub Esko 2:36.17a
- 5 Brooklyn Wasche Moose Lake/Willow River 2:39.17a
- 6 Shannon Granquist Moose Lake/Willow River 2:42.40a
- 7 Ava McKibbon Esko 2:43.26a
- 8 Violet Vanderscheuren South Ridge/Cherry/Nort 2:44.05a
- 9 Olivia Jutila Moose Lake/Willow River 2:44.20a
- 10 Grace Swartz Silver Bay 2:50.80a
- 11 Ella Heaton Barnum 2:50.96a
- 12 Scarlett Vanderscheuren South Ridge/Cherry/Nort 2:51.44a
- 13 Vivian Barden Mcgregor 2:55.59a
- 14 Harper Smith Two Harbors 2:59.33a
- 15 Kaitlyn Warner Mcgregor 3:02.30a
- 16 Kyla Gallegos Cook County 3:05.24a
- 17 Aria Oswald-Swenson Two Harbors 3:05.67a
- 18 Claire Lindstrom Cook County 3:07.28a
- 19 Nadia Tessier Carlton-Wrenshall 3:08.11a
- 20 Brynn Chosa South Ridge/Cherry/Nort 3:10.81a
- 21 Abigail Vargo Barnum 3:20.31a
- 22 Maya Rodriguez Cook County 3:22.07a

Irelynn Dee Esko SCR

Girls Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Emaleigh Olesiak Cromwell-Wright 5:19.25a
- 2 Naiya Ruuska Esko 5:43.09a
- 3 Brooklyn Wasche Moose Lake/Willow River 5:47.99a
- 4 Regan Klemetsen South Ridge/Cherry/Nort 5:57.66a
- 5 Isabel Riley Carlton-Wrenshall 6:02.82a
- 6 Genet Backman Silver Bay 6:08.05a
- 7 Zoey Burckhardt South Ridge/Cherry/Nort 6:10.77a
- 8 Katie Heikkila Mcgregor 6:12.89a
- 9 Nia Petry Moose Lake/Willow River 6:17.81a
- 10 Maya Stuermer Esko 6:25.49a
- 11 Jocelyn Carr Two Harbors 6:27.74a
- 12 Katelyn Youngberg Moose Lake/Willow River 6:29.21a
- 13 Mari Sathre Esko 6:31.31a
- 14 Lilly Johansen Two Harbors 6:36.04a
- 15 Hiver Moody Cook County 6:40.52a
- 16 Mya Gronner Cromwell-Wright 6:41.23a
- 17 Signe Myers Two Harbors 6:41.33a
- 18 Abigail Vargo Barnum 7:12.15a
- 19 Avery Sjoberg Cook County 7:34.89a
- 20 Tegan Fordahl South Ridge/Cherry/Nort 7:39.98a
- 21 Amy Schwoch Carlton-Wrenshall 7:41.65a

Girls Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Emaleigh Olesiak Cromwell-Wright 11:37.24a
- 2 Sierra Geatz Silver Bay 12:27.85a

- 3 Addison Burckhardt South Ridge/Cherry/Nort 13:31.19a
- 4 Macy Hanson Esko 13:35.06a
- 5 Marie Eng Esko 13:35.85a
- 6 Elizabeth Swartz Silver Bay 13:53.03a
- 7 Eloise Silence Cook County 14:09.13a
- 8 Jocelyn Carr Two Harbors 14:28.20a
- 9 Sophia Lindstrom Cook County 15:17.12a
- 10 Piper Schmidt Mcgregor 15:43.27a
- 11 Amelia Saamanen Two Harbors 16:02.89a
- 12 Anni Dix Cook County 16:11.36a

Lizzy Wells Esko SCR

Girls Varsity 100m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Gwendolyn Lilly Esko 17.32a
- 2 Amaya Grinde Two Harbors 17.58a
- 3 Brooklyn Nelson Two Harbors 18.04a
- 4 Lucye Backstrom Esko 18.93a
- 5 Isabella Nyberg Cromwell-Wright 19.54a
- 6 Teagen Tessier Carlton-Wrenshall 20.10a
- 7 Juleauna Johnson Carlton-Wrenshall 20.17a
- 8 Grace Mcllvain Esko 20.36a
- 9 Kaitlyn Bartz Barnum 20.64a
- 10 Makayla Peterson South Ridge/Cherry/Nort 21.32a
- 11 Ali Laveau Barnum 21.37a
- 12 Harmony Aikey South Ridge/Cherry/Nort 23.33a

Aria Benson South Ridge/Cherry/Nort SCR

Aili Lund Barnum SCR

Tiffany Meade Carlton-Wrenshall SCR

Girls Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Amaya Grinde Two Harbors 50.93a
- 2 Macie Lind Cromwell-Wright 53.21a
- 3 Liberty Clifford Esko 53.57a
- 4 Aili Lund Barnum 53.80a
- 5 Brecklyn Shovein Esko 54.61a
- 6 Tanja Thomas Silver Bay 54.67a
- 7 Isabella Nyberg Cromwell-Wright 54.92a
- 8 Teagen Tessier Carlton-Wrenshall 55.77a
- 9 Brianna Monson Cook County 57.10a
- 10 Sara Cid Carlton-Wrenshall 57.24a
- 11 Alexis Plummer Cook County 57.85a
- 12 Tiffany Meade Carlton-Wrenshall 59.16a
- 13 Bekah Vogt Barnum 60.37a
- 14 Grace Mcllvain Esko 62.07a
- 15 Stella LaPointe Silver Bay 62.36a

Ashlynn Thompson Cromwell-Wright DQ

Ruby Shea Two Harbors SCR

Girls Varsity 4x100m Relay Finals

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Team Time

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1 Esko 52.16a  
 1) Reese Kuklinski 2) Whitney Hanson  
 3) Gwendolyn Lilly 4) Kaitlyn McConnell  
 2 Moose Lake/Willow River 53.86a  
 1) India Johnson 2) Maddie Volk  
 3) Jorja Juszczak 4) Jocelyn Mundell  
 3 Mcgregor 56.38a  
 1) Izzy Nelson 2) Violet Brekke  
 3) Emma Henderson 4) Vivian Barden  
 4 Barnum 56.65a  
 1) Cora Head 2) Grace Grover  
 3) Morghan Korpela 4) Aili Lund  
 5 Cook County 58.29a  
 1) Alexis Plummer 2) Annabelle Silence  
 3) Aalyiah Jones 4) Sophia Sheehan  
 6 Carlton-Wrenshall 59.05a  
 1) Juleauna Johnson 2) Amelia McCarthy  
 3) Molly Sheda 4) Mira Kilby  
 7 Silver Bay 59.64a  
 1) Ivy Aldinger 2) Chloe Hipple  
 3) Camryn Hipple 4) Sophie Pirsig  
 8 Cromwell-Wright 61.69a  
 1) Keeley Granholm 2) Jolene Zimmer  
 3) Ashlyn Casperson 4) Serena Zoeller  
 9 South Ridge/Cherry/North Woods/NE Range 62.72a  
 1) Gabby Franks 2) Mya Kinsey  
 3) Alana Jensen 4) Makayla Gilbson  
 Two Harbors DQ  
 1) Brooklyn Nelson 2) Delaney Nelson  
 3) Rachel Bopp 4) Trinity Giddings

Girls Varsity 4x200m Relay Finals

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Team Time

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1 Moose Lake/Willow River 1:51.71a  
 1) Jocelyn Mundell 2) Maddie Volk  
 3) Jorja Juszczak 4) Tyler Orvedahl  
 2 Mcgregor 1:53.21a  
 1) Violet Brekke 2) Emma Henderson  
 3) Paige Dean 4) Emma Warner  
 3 Esko 1:57.90a  
 1) Eilee Straub 2) Paiton Plante  
 3) Payton Heittola 4) Brayley Merrier  
 4 Barnum 1:58.32a  
 1) Isabella McCall 2) Kaitlyn Bartz  
 3) Grace Grover 4) Morghan Korpela  
 5 Cook County 1:59.22a  
 1) Molly Quello 2) Amber Theimer  
 3) Ruby Gulstrand 4) Brianna Monson  
 6 South Ridge/Cherry/North Woods/NE Range 2:01.77a  
 1) Corra Brodeen 2) Addy Hartway  
 3) Harmony Aikey 4) Izzy Pascuzzi  
 7 Carlton-Wrenshall 2:02.20a  
 1) Juleauna Johnson 2) Mira Kilby  
 3) Gabby Loucks 4) Lila Dalen  
 8 Silver Bay 2:11.54a  
 1) Chloe Hipple 2) Camryn Hipple

3) Sophie Pirsig 4) Britta Swanson

Girls Varsity 4x400m Relay Finals

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Team Time

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1 Mcgregor 4:23.02a  
 1) Violet Brekke 2) Paige Dean  
 3) Emma Henderson 4) Emma Warner  
 2 Esko 4:25.84a  
 1) Eilee Straub 2) Ceilia Prenier  
 3) Whitney Hanson 4) Kaitlyn McConnell  
 3 Moose Lake/Willow River 4:37.55a  
 1) Maddie Volk 2) Kaitlyn Andrews  
 3) Khloey Schmidt 4) Tyler Orvedahl  
 4 South Ridge/Cherry/North Woods/NE Range 4:44.61a  
 1) Scarlett Vanderscheuren 2) Madison Ellefson  
 3) Violet Vanderscheuren 4) Corra Brodeen  
 5 Barnum 4:46.00a  
 1) Lillian Genereau 2) Ella Heaton  
 3) Isabella McCall 4) Annabelle Soukkala  
 6 Cook County 4:48.56a  
 1) Alexis Plummer 2) Ruby Gulstrand  
 3) Genevieve Silence 4) Amber Theimer  
 7 Cromwell-Wright 4:50.95a  
 1) Isabella Nyberg 2) Emelia Dahl  
 3) Remington Olesiak 4) Keeley Granholm  
 8 Carlton-Wrenshall 4:51.01a  
 1) Teagen Tessier 2) Lila Dalen  
 3) Sara Cid 4) Isabel Riley

Girls Varsity 4x800m Relay Finals

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Team Time

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1 Carlton-Wrenshall 10:23.16a  
 1) Sara Cid 2) Isabel Riley  
 3) Ruth Sandstrom 4) Brielle Simula  
 2 Silver Bay 10:30.01a  
 1) Genet Backman 2) Sophia Schut  
 3) Sierra Geatz 4) Valerie Melander  
 3 Esko 10:39.24a  
 1) Ava McKibbon 2) Aubrey Pearce  
 3) Ceilia Prenier 4) Naiya Ruuska  
 4 South Ridge/Cherry/North Woods/NE Range 11:15.39a  
 1) Scarlett Vanderscheuren 2) Madison Ellefson  
 3) Violet Vanderscheuren 4) Regan Klemetsen  
 5 Moose Lake/Willow River 11:47.18a  
 1) Lucy Salzer 2) Elle Nielsen  
 3) Nia Petry 4) Kaylin Mortenson  
 6 Cook County 11:57.53a  
 1) Eloise Silence 2) Sophia Lindstrom  
 3) Elizabeth Larson 4) Genevieve Silence  
 7 Mcgregor 12:01.36a  
 1) Katie Heikkila 2) Kaitlyn Warner  
 3) Piper Schmidt 4) Vivian Barden

Girls Varsity Shot Put Finals

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Athlete Yr Team Mark

- 1 Reese Kuklinski Esko 35-6.25
2 Annaka Bogenholm Barnum 34-10.50
3 Maya Johnson Esko 33-8
4 Julia Peterson Carlton-Wrenshall 31-1
5 Mya Gronner Cromwell-Wright 29-5.50
6 Kalina Dimitrova Cook County 27-8.50
7 Malea Jerry Moose Lake/Willow River 27-6.50
8 Brynn von Goertz Two Harbors 27-6
9 Sage Hennen South Ridge/Cherry/North 26-4.75
10 Lauren Berglund Cook County 26-3.75
11 Zoe Kacures Cook County 26-3
12 Amber Sopoci South Ridge/Cherry/North 25-7.50
13 Jessica Goble Moose Lake/Willow River 25-4.25
14 Christina Kaiser Silver Bay 24-4
15 Emily Bernard South Ridge/Cherry/North 23-3.25
16 Ashlynn Thompson Cromwell-Wright 21-10
17 Karysa Brown Carlton-Wrenshall 21-1.75
18 Vera Brown Carlton-Wrenshall 21-1.50
19 Joni Giersdorf-Thompson Moose Lake/Willow River 21-0.50
20 Peyton Koskela Two Harbors 20-5.50
21 Kjersti Hansen Silver Bay 19-8.25
22 Laila Naegeli Two Harbors 19-1
22 Joanna Schiller Cromwell-Wright 19-1
24 Stella LaPointe Silver Bay 19-0
25 Therese Barousse Esko 18-1.75

Girls Varsity Discus Finals

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Athlete Yr Team Mark

- 1 Annaka Bogenholm Barnum 113-0
2 Maya Johnson Esko 111-2.50
3 Julia Peterson Carlton-Wrenshall 108-3.50
4 Malea Jerry Moose Lake/Willow River 98-5.50
5 Kalina Dimitrova Cook County 89-7
6 Sage Hennen South Ridge/Cherry/North 83-5
7 Brynn von Goertz Two Harbors 79-5
8 Kyra Johnson Esko 78-7
9 Ashlynn Thompson Cromwell-Wright 71-9
10 Christina Kaiser Silver Bay 71-1
11 Lauren Berglund Cook County 70-9.50
12 Emily Bernard South Ridge/Cherry/North 69-2
13 Kenleigh Nikunen Esko 69-1.50
14 Amber Sopoci South Ridge/Cherry/North 67-8.50
15 Zoe Kacures Cook County 66-7.50
16 Stella LaPointe Silver Bay 65-6
17 Karysa Brown Carlton-Wrenshall 64-3
18 Jessica Goble Moose Lake/Willow River 61-9.50
19 Vera Brown Carlton-Wrenshall 61-0.50
20 Joni Giersdorf-Thompson Moose Lake/Willow River 57-10
21 Joanna Schiller Cromwell-Wright 55-10.50
22 Peyton Koskela Two Harbors 55-2
23 Kjersti Hansen Silver Bay 52-5.50
24 Sabrina Zoeller Cromwell-Wright 51-6.50

25 Laila Naegeli Two Harbors 47-2

Girls Varsity High Jump Finals

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Athlete Yr Team Mark Wind

- 1 Kyra Johnson Esko 4-10
2 Amaya Grinde Two Harbors 4-8
3 Izzy Pascuzzi South Ridge/Cherry/North 4-8
4 Macy Hanson Esko 4-6
4 Izzy Nelson Mcgregor 4-6
6 Olivia Hagglund Two Harbors 4-4
7 Gianna Madill Esko 4-4
8 Remington Olesiak Cromwell-Wright 4-4
9 Jolene Zimmer Cromwell-Wright 4-0
9 Bekah Vogt Barnum 4-0
11 Aili Fenlason South Ridge/Cherry/North 3-10
11 Harper Smith Two Harbors 3-10
Jasmine Peebles Moose Lake/Willow River NH
Aleina Whitehouse Moose Lake/Willow River SCR
Lauren Burnett South Ridge/Cherry/North NH
Elizabeth Swartz Silver Bay NH
Emma Henderson Mcgregor NH

Girls Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind

- 1 Aleah Lindgren Esko 7-6
2 Lucy Skifstad Esko 6-0
3 Ariel Schmitz Esko 6-0

Girls Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

- 1 Trinity Giddings Two Harbors 16-2.50
2 Kaitlyn McConnell Esko 15-9
3 Rachel Bopp Two Harbors 15-1.50
4 Brooklyn Nelson Two Harbors 14-10
5 Holly Chesbrough Moose Lake/Willow River 14-9.50
6 Izzy Pascuzzi South Ridge/Cherry/North 14-5.25
7 Siena Anderson Cromwell-Wright 14-4
8 Gabby Loucks Carlton-Wrenshall 14-3
9 Paiton Plante Esko 14-1.50
10 Liberty Clifford Esko 13-11.50
11 Amelia McCarthy Carlton-Wrenshall 13-7
12 Evelyn Johnson Moose Lake/Willow River 13-2.25
13 Emelia Dahl Cromwell-Wright 13-1
14 Lillian Genereau Barnum 12-0
15 Nadia Tessier Carlton-Wrenshall 11-8.25
16 Layla Anderson Mcgregor 11-3.50
17 Natalie Vargo Barnum 11-0.75
18 Aili Fenlason South Ridge/Cherry/North 10-8.25
19 Sophia Schut Silver Bay 10-6.50
20 Sophie Pirsig Silver Bay 10-0
21 Elle Weeda South Ridge/Cherry/North 9-9.50
Katelyn Brown Barnum SCR

Girls Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind  
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- 1 Brooklyn Nelson Two Harbors 33-4.50
- 2 Whitney Hanson Esko 33-2.75
- 3 Olivia Hagglund Two Harbors 32-1.50
- 4 Macie Lind Cromwell-Wright 30-5.50
- 5 Holly Chesbrough Moose Lake/Willow River 30-1
- 6 Lucy Skifstad Esko 28-9.50
- 7 Molly Quello Cook County 28-3.50
- 8 Chiara Houser Esko 28-3.25
- 9 Nadia Tessier Carlton-Wrenshall 28-2
- 10 Lilly Clayton Mcgregor 27-5
- 11 Mya Gronner Cromwell-Wright 27-3.25
- 12 Evelyn Johnson Moose Lake/Willow River 27-3
- 13 Felisha Anthony Mcgregor 25-7.50
- 14 Keeley Granholm Cromwell-Wright 23-11.50